All About My Genogram

Pebble

Use the space below to create a genogram of your family and the people who are important to you. You can add as much or as little detail as you like, and you can leave anything out.

Genogram Key (symbols)

People

- **Male** e.g. dad, brother
- **Female** e.g. mum, sister
- **Other /** non-binary
- **Person not** known e.g. birth parent

Relationships

- **Together** e.g. partner
- **Separated**
- **No longer** together e.g. divorced

Family links

- **Children** biological
- **Adopted child**
- **Foster child /** looked after child

Other symbols

- **Living together** same household
- **Important person** e.g. support, mentor
- **Household /** family group

Anything else you want me to know?

You can complete this on your own or with a trusted adult or practitioner.