

Choices & Consequences

Every choice we make has a consequence.
Some are small, some are bigger.
We can learn, reflect and make better choices next time.

I am responsible.
I can learn from my choices.
I can choose better next time.



1. What happened next?

Read each situation. What do you think happened next?
Tick or draw your answer.



I saw a friend post something unkind about someone.

I reported it and was kind.
☐

I liked it and said nothing.
☐



I felt angry in class because I was frustrated.

I took deep breaths and asked for help.
☐

I shouted and stormed out.
☐



I was tempted to copy my homework because I didn't finish it.

I told the truth and asked for more time.
☐

I copied it and hoped no one noticed.
☐

2. Choice pathways

Start at the choice. Follow the path to see the possible consequence.
Which path leads to a better outcome?



I receive a mean message from someone.



I stay kind and don't reply.



I reply back and start an argument.



A friend asks me to skip a lesson.



I go and learn something new.



I lose a game and feel annoyed.



I get in trouble and fall behind.



I take a break and calm down.



I shout and blame my team.

3. Consequence matching

Match each choice with the most likely consequence.

Choices

Consequences

- I tell the truth.
- I break a rule on purpose.
- I listen when someone is talking to me.
- I help someone who needs it.
- I don't think before I act.

- People trust me more.
- I may get in trouble.
- I build stronger relationships.
- I feel proud of myself.
- I might hurt someone or regret it later.

4. Better choices reflection

Think about a choice you wish you could change.



What happened?



How did it affect me?



How did it affect others?



What could I choose next time?

5. Ripple effect

One choice can affect many people.
Draw or write how your choice can create a ripple effect.



I can make good choices.
I can learn. I can do better next time.
I choose my actions. I choose my future.

