

Good Choices, Kind Choices



Every day we make choices.
Good choices help us and others feel happy
and safe.

I can choose to be kind.



1. Circle the kind choices



Circle the pictures that show kind choices.



2. Match the actions to the feelings



Draw a line to match how each action might make someone feel.

 Sharing	☐	 Happy
 Listening	☐	 Sad
 Helping	☐	 Angry
 Taking turns	☐	 Scared
 Shouting	☐	 Calm
 Hitting	☐	 Hurt



3. What would Pebble do?



What would Pebble do in each situation?
Tick the kind choice.

A friend wants the toy you are playing with.	 Share the toy. ☐	 Say "No!" and hide it. ☐
Someone falls over.	 Help them up. ☐	 Keep playing. ☐
A friend is talking.	 Listen with my ears and eyes. ☐	 Talk over them. ☐

4. Sticker or tick time!



I did something kind today!
Add a sticker or tick each time you do something kind.

 I was kind	 I shared	 I listened	 I helped	 I took turns	 I tried my best
☐	☐	☐	☐	☐	☐



Kind choices make our hearts happy!
Every small act of kindness matters.



5. Draw a kind choice



Draw a picture of a kind choice you can make.



6. Today I will...



Choose one kind choice you will try today.
Draw or write it here.



I am learning. I am growing. I can make good choices.
I am kind. I am important. I matter.

