

My Happy Day

Every day has happy moments,
big or small.
Let's remember the good things!

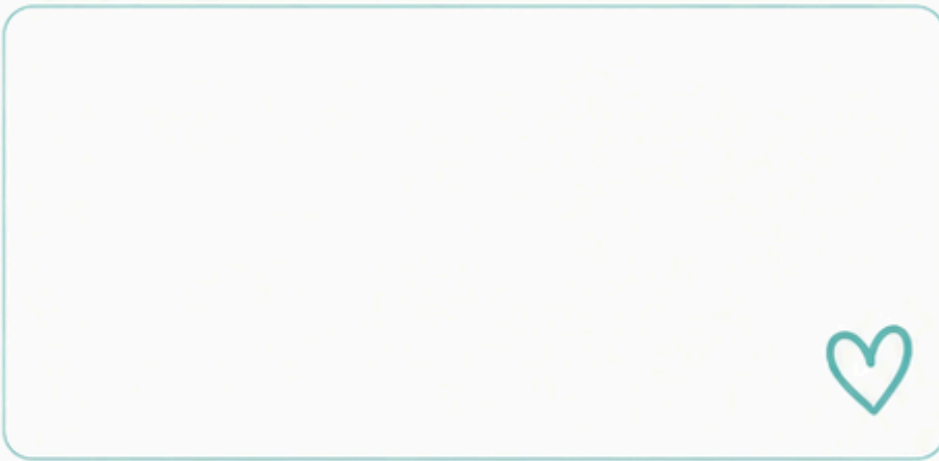


Draw a picture or tick
your favourite.



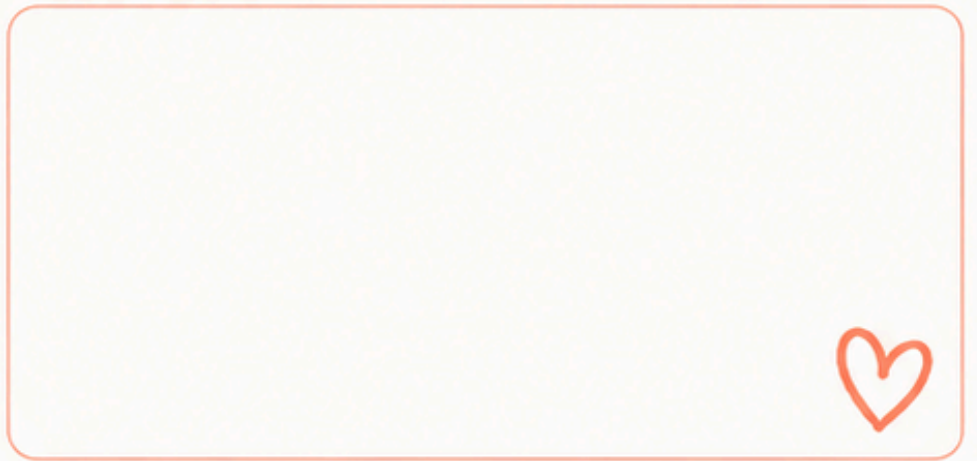
1. What made me smile today?

Draw a picture.



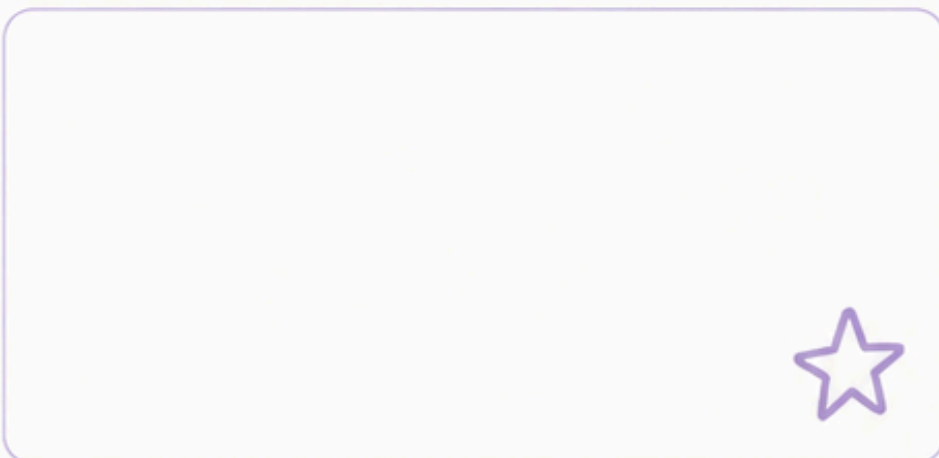

2. Who did I spend time with?

Draw a picture.



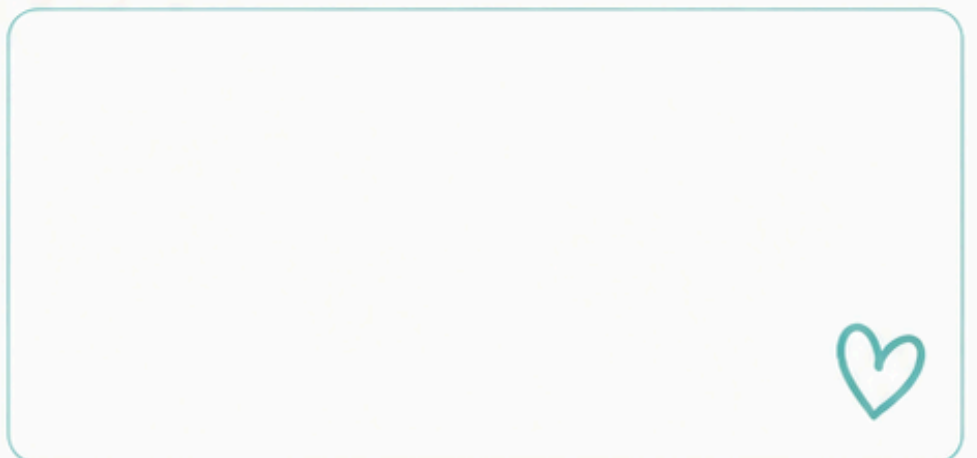

3. My favourite thing today!

Draw or write about it.




4. What made me laugh?

Draw a picture.




Would you like to tell someone about your happy day?



Yes, I will!



Maybe later



Not today



You are wonderful just the way you are.

